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The effect of people's behavior on the energy consumed in domestic heating, cooking and transportation

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## Abstract

People's life style and behaviour can significantly influence their energy cost and carbon emission. This paper will highlight key examples of how people's behaviour at home and in their life style could significantly influence climate change. The paper will show that some minor changes in behaviour could have a serious impact on Carbon emission. Case studies of people's behaviour in food cooking, heating of buildings and commuting methods will be highlighted and extrapolated to quantity carbon savings with more responsible behaviour. The paper will conclude with recommendations towards a more sustainable future.

<sup>\*</sup>Full paper is being prepared for publication. Further details to be announced.