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**Positive parenting in Covid-19 times
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Positive parenting in Covid-19 times

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Abstract

At first, the irruption of Covid-19 was labelled as a great equalizer. The virus does not discriminate between rich and poor. The discourse was quite shared: we are all exposed, we are all vulnerable, we must all be confined. It took a few weeks to see that this statement was terribly false. The first lesson has certainly been that we are all vulnerable. The second lesson has been that, among the most vulnerable their vulnerability grew even more at least in three aspects: access to school (Beaunoyer, Dupéré and Guitton, 2020), work (Irlacher and Koch, 2020), and health (van Dorn, Cooney, and Sabin). However, it seems that this health had also implications for families as well, especially regarding communication, support, and organization (Cluver et al. 2020).

The aim of this study is to understand positive parenting during Covid-19 times. According to the Council of Europe, we understand positive parenting as "parental behaviour based on the best interests of the child that is nurturing, empowering, non-violent and provides recognition and guidance, which involves setting of boundaries to enable the full development of the child". Our study aims to explore the different variables that may explain positive parenting during the pandemic crisis by using a sample of more than 1600 Spaniards aged 30 to 70. The survey was conducted using validated scale measures from participants at the end of April and at the beginning of May, which it was during the period of national emergency in Spain. More especially for positive parenting, they used a short version of E2P which includes items for four dimensions: bonding competences, training competences, protective competences, and reflexive competences. In sum, this study aims to contribute to the advancement of the research regarding positive parenting by understanding which factors facilitate and allow positive parenting during a sudden social change such as Covid-19.

Full Paper

See book: ['Happiness and Domestic Life'](#)